Top 5 Cosmetic Minimally Invasive Procedures for 2022



1. Neuromodulator Injections

These injections, commonly know by their brand names as Botox[®], Dysport[®], Xeomin[®] and Jeuveau[®], remain the most popular minimally invasive procedure. This procedure This procedure works by stopping the facial muscles from contracting, giving a temporary smoothness to facial wrinkles like crow's feet, frown lines and forehead lines caused by routine facial movements.



2. Soft Tissue Fillers/HA Fillers

Second in popularity are hyaluronic acid injectable fillers such as Juvederm Ultra[®], Ultra Plus[®], Voluma[®], Volbella[®], Vollure[®], Restylane Lyft[®], Restylane Silk[®], Belotero[®], Bolvella[®] and Restylane[®]. They temporarily restore volume and smooth out wrinkles and fine lines in the face without incisions. Results are immediate, and the recovery time is short.

3. Skin Resurfacing

These procedures remove the top layer of skin in various ways to stimulate the growth of new, healthier and more youthful-looking skin, giving patients a more radiant complexion. Methods include dermabrasion, chemical peels, lasers and microdermabrasion. They improve the appearance and texture of skin leaving it tightened and rejuvenated.



4. Skin Treatments

Skin treatments can help solve a variety of concerns in a minimally invasive way. Combination laser treatments use different wavelengths to address multiple skin issues simultaneously, offering a comprehensive approach to skin rejuvenation. Intense Pulsed Light (IPL) treatments improve skin tone and texture by targeting pigmentation irregularities, redness or sun damage.

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5. Lip Augmentation

This procedure is growing in popularity, allowing patients a minimally invasive way to enhance the volume and shape of their lips with filler. The filler is expertly injected by a qualified injector to achieve a natural and customizable transformation, temporarily resulting in plumper and more defined contours. Results are often immediate, and the recovery period is brief.